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Fluorescent immunoliposomal nanovesicles for rapid multi-well immuno-biosensing of histamine in fish samples

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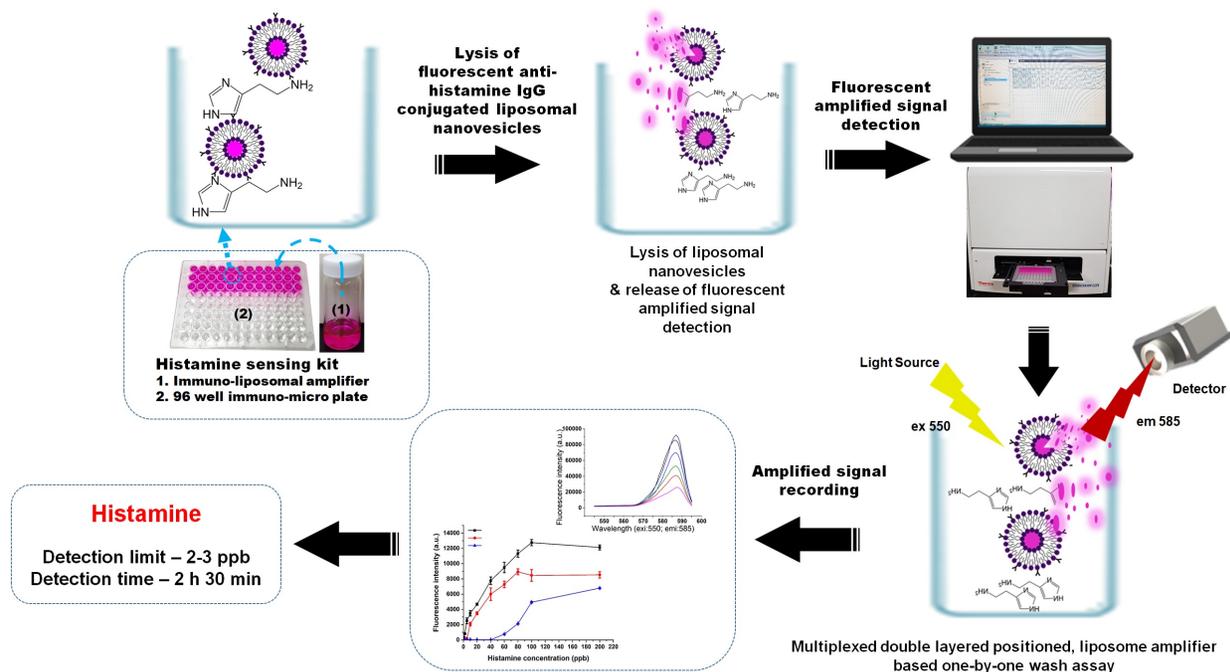
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1 **Fluorescent immunoliposomal nanovesicles for rapid multi-well immuno-**  
2 **biosensing of histamine in fish samples**

3  
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27 **Running head:** Immunoliposomal nanovesicles for time resolved detection of histamine

28

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33 **ABSTRACT**

34 Scombroid poisoning in fish-based and other food products has raised concerns due to  
35 toxicity outbreaks and incidences associated with histamine, thus measuring the amount of  
36 histamine toxic molecule is considered crucial quality indicator of food safety and human  
37 health. In this study, liposome-based measurement of histamine was performed via rupturing  
38 mechanism of sulforhodamine B dye encapsulated anti-histamine antibody conjugated  
39 liposomal nanovesicles. The immunosensing ability of immuno-liposomal format was  
40 assessed by monitoring the fluorescence at excitation/emission wavelength of 550/585 nm.  
41 Immuno-liposomal format assays were considered, one based on single wash procedure  
42 (Method 1), which had a detection limit of 10 ppb and quantification limit 15-80 ppb. While  
43 Method 2 based on one-by-one wash procedure had a detection limit of 2–3 ppb and  
44 quantification limit 8.5 ppb–200 ppm that required 2 h 30 min to perform. In view of better  
45 quantification limit, Method 2 was chosen for further tests required to validate its  
46 applicability in real samples. The feasibility of Method 2 was reconfirmed in fresh mackerel  
47 fish, and canned fish (tuna and salmon) with a similar detection limits but with low amplified  
48 fluorescence signals and sufficient levels of histamine recovery from fresh mackerel (73.50-  
49 99.98%), canned tuna (79.08–103.74%) and salmon (74.56–99.02%). The specificity and  
50 method accuracy were expressed as % CV in the range 5.34%-8.48%. Overall, the developed  
51 multi-well sensing system (Method 2) showed satisfactory specificity, cost effectiveness,  
52 rapidity, and stability for monitoring histamine toxicity as a practical food diagnostic device.

53

54 *Keywords:* Double layered; Liposome immunosensor, Signal amplifiers, Fluorescence  
55 quenching, Histamine toxicity

56

## 57 **1. Introduction**

58

59 Since 1960s optical detection systems have been used as a powerful tool to allow  
60 light propagation with a minimum loss for use in sensor development strategies. Similarly,  
61 nowadays, fluorescence technology has emerged as a mean of sensitivity enhancer with  
62 reduced matrix effects, making it applicable for biosensing purposes (Chang et al., 2016).  
63 Food scientists are concerned about several issues related to the contamination of protein-rich  
64 food products by endogenous bioactive amines as chemical messengers in biological systems  
65 (Lin et al., 2018). Nowadays, histamine contamination of food is common and considered a  
66 serious human health and food safety issue, hence, fabrication of fluorescence assay for real  
67 time monitoring of food toxicants, such as histamine, has attracted huge attention. Histamine  
68 is mainly formed in protein-rich food matrices by certain microorganisms that produce  
69 histidine decarboxylase, which catalyzes the conversion of free histidine to histamine (EFSA,  
70 2011). Given that fish consumption is variable, a serving size of 250 g was considered  
71 reasonable to establish a maximum level of histamine in fish of 200 mg/kg (FAO, 2012),  
72 whereas the United States Food Drug Administration (USFDA) set the histamine threshold  
73 limit at 50 mg/kg (FDA, 2011). Hence, the sensitive and selective detection of histamine is of  
74 considerable importance from the safety and clinical perspectives and for studies on allergic  
75 responses under various pathological conditions (Yan et al., 2014; Yang et al., 2015).  
76 Therefore, it is essential to develop sufficiently sensitive and rapid cost effective methods to  
77 detect histamine residues for clinical and food diagnosis.

78 A number of analytical detection methods have been developed for the determination  
79 of histamine levels in food products, including reverse-phase high performance liquid  
80 chromatography (RP-HPLC), cation-exchange chromatography (CEC), gas chromatography  
81 (GC), thin layer chromatography (TLC) (Awan et al., 2008; Lapa-Guimarães and Pickova,

2004) and ELISA based assays (Luo et al., 2014). Although these analytical techniques have provided adequate for detecting a variety of analytes, time-consuming sample processing steps, such as, clean-up, sample derivatization, and the low optical absorbance of histamine in the ultraviolet region are problematic.

To address these problems, biosensors have attracted interest as potential rapid analytical sensing tools as alternatives to traditional enzyme-based detections. Several rapid, one-step electrochemical biosensors based on enzymes or nanozymes (Pérez et al., 2013; Jiang et al., 2015; Veseli et al., 2016; Yadav et al., 2019) have been devised for the sensing of histamine. However, the specificity cannot be ensured for these biosensors as the enzymes used can catalyze histamine and its analogues. Further, several technologies use various nanomaterials in combination with electrochemical and fluorescence detection techniques as signal amplifiers (Ali et al., 2017; Pei et al., 2013; Rusling, 2012; Du et al., 2011). These nanomaterials include gold nanoparticles (Du et al., 2011), quantum dots (Qian et al., 2011), magnetic nanoparticles (Mani et al., 2009), silica nanoparticles (Wu et al., 2009) and carbon nanomaterials (Malhotra et al., 2010), and have ability to enhance the signals while using as nano carriers. Since the significant signal releasing process from various nanocarriers is complicated as some of these require strong acid, base, heat and sonication treatments, which might have adverse effect on biological molecules, such as enzymes, antibody and antigenic targets (Zhao et al., 2015).

Thus, there is a need for more sensitive/specific signal amplifier tools, and this need might be met by antibody-based immunosensing detection strategies employing fluorescent nanoparticles. Although a few fluorescence-based detection devices have been used for food samples safety analysis (Liu et al., 2016; Yang et al., 2017; Kaur et al., 2018; Chauhan et al., 2018), no fluorescence-nano-sensing-based multi-well method has yet been devised that uses layer by layer arranged fluorescence dye encapsulated immuno-liposome nanovesicles for

107 amplifying histamine toxin or other biogenic amines detecting signals in food matrices via  
108 antigen-antibody capturing, liposome vesicle rupturing and signal release. Hence, we  
109 afforded to incorporate with a liposomal fluorescence-amplifier to determine the feasibility of  
110 a new multi-well biosensing platform for histamine toxin in food matrices.

111 Lumen of liposomes encapsulates any biological molecules with the help of  
112 liposomal aqueous core capacity and phospholipid head groups of polar nature that can play  
113 an important role for the improvement of signal amplification, and can be used as  
114 multifunctional vesicles (Edwards and Baeumner, 2006). It has been reported that liposomes  
115 exhibited better performance for advanced biosensors as compared to other signal  
116 amplification materials (Edwards and Baeumner, 2006). Also, immunosensors based on  
117 antigen-antibody interactions exhibit superior characteristics as compared to enzyme-based  
118 immunoassays due to their high sensitivities and excellent specificities (Zhang et al., 2016).  
119 Moreover, liposome-based assays where markers (antibody) and fluorescent dyes are  
120 encapsulated in the liposomes as detectable molecules, provide instant signal enhancement  
121 after lysis mechanism as compared to enzyme-based immunoassays which show time and  
122 concentration dependent signal enhancement, thus limiting the sensitivities and the speed of  
123 analysis. Specifically, the liposome-based assay proposed in this study requires comparatively  
124 lesser washing and incubation steps for antigen-antibody reactions as well as eliminates the  
125 separate reaction of secondary antibody and reaction with HRP-tagged signal generating  
126 molecules. The total assay time of the proposed method is only 2 h and 30 min as compared  
127 to ELISA-based methods which require various processing steps such as coating (12 h  
128 incubation), washing with buffer solution (5-10 min), blocking (2 h incubation) re-washing  
129 with buffer solution (5-10 min), IgG addition (1 h incubation) followed by washing with  
130 buffer solution (require 5-10 min), addition of labeled enzyme (1 h incubation) followed by  
131 washing with buffer solution (5-10 min), enzyme substrate reaction (30 min incubation) and

132 addition of stop solution (NaOH) followed by absorbance measurement. A few additional  
133 factors also make the immunoliposome-based assay (after antibody conjugation) favorable as  
134 compared to other ELISA-based histamine detection assays due to their (1) instant  
135 fluorescence signal enhancement ability after the lysis mechanism, (2) cost effectiveness, and  
136 (3) an alternate over other fluorescence materials.

137 Thus far, only very few liposome-based rapid and multi-well detection methods have  
138 been developed for histamine toxin. Therefore, the current study was undertaken to construct  
139 Sulforhodamine B dye encapsulated phospholipid bilayers with anti-histamine antibody  
140 conjugated liposomal nanovesicles as an amplifier, positioned in a 2 layered format [single  
141 well one wash format (Method 1) and one by one wash format (Method 2) that unites for  
142 strong fluorescence signal, after rupturing the constructed lipid bilayer. The developed multi-  
143 well biosensing method (Method 2) exhibited excellent properties of fluorescence excitation  
144 on particular wavelength and signal amplification via tagged antibody molecule on the outer  
145 surface of fluorescent liposomal nanovesicles. In order to confirm the novelty of the  
146 developed method (Method 2), sensitive detection of histamine in buffer medium and fish  
147 samples, was validated to achieve the goal of the study by developing a rapid detection  
148 method that can overcome the drawbacks associated with Method 1 and conventional  
149 analytical methods, including HPLC and other liposomal sensing methods. The detection  
150 sensitivity and applicability of fluorescent anti-histamine IgG conjugated liposomal  
151 nanovesicles (anti-His-LNs)-based biosensing system was compared in real food matrix with  
152 a conventional HPLC method to validate its simplicity, precision, rapidity, repeatability and  
153 straightforwardness.

154

## 155 **2. Materials and methods**

156

157 *2.1. Chemicals and reagents*

158

159 Putrescine dihydrochloride (PUT), histamine dihydrochloride (HIS), cadaverine  
160 dihydrochloride (CAD), 2-phenylethylamine (PHE), tryptamine hydrochloride (TRP),  
161 spermidine trihydrochloride (SPD), spermine tetrahydrochloride (SPM), tyramine  
162 hydrochloride (TYR), N-(2-hydroxyethyl) piperazine-N-2-ethanesulfonic acid (HEPES),  
163 sodium azide, sodium chloride, *n*-Octyl- $\beta$ -D-glucopyranoside (OG), methanol, acetone,  
164 cholesterol, sucrose, Sepharose CL-4B, triethylamine, dansyl chloride, potassium phosphate  
165 monobasic, ethylene diamine tetra acetic acid (EDTA), potassium phosphate dibasic,  
166 dimethyl sulfoxide (DMSO) and amino acids, including histidine, glycine, alanine, lysine,  
167 glutamic acid and arginine were obtained from Sigma, USA. Sulforhodamine B was  
168 purchased from Molecular Probes, USA. Ammonium hydroxide, sodium hydroxide,  
169 perchloric acid, and sodium hydrogen carbonate were purchased from Junsei Chemicals,  
170 Japan. 1,2-Dipalmitoyl-sn-glycero-3-phosphocholine (DPPC), 1,2-dipalmitoyl-sn-glycero-3-  
171 [phospho-rac-(1-glycerol)] (DPPG), and 1,2-dipalmitoyl-sn-glycero-3-phosphoethanolamine  
172 (DPPE) were procured from Avanti Polar Lipids, USA. N-[ $\kappa$ -maleimidoundecanoyloxy]  
173 sulfosuccinamide (sulfo-KMUS), *N*-Succinimidyl-*s*-acetylthioacetate (SATA), and  
174 hydroxylamine hydrochloride were obtained from Pierce Products, USA. Monoclonal anti-  
175 histamine antibody (anti-histamine IgG) (cat#MBS358003; 1 mg/mL) was purchased from  
176 MyBioSource, USA. Immunoplates (96 well amine binding polystyrene surface) were  
177 purchased from Thermo Scientific (USA).

178

179 *2.2. Synthesis of Sulforhodamine B-encapsulated liposome nanovesicles*

180

181 Liposome nanovesicles were prepared using a reverse-phase evaporation method we  
182 previously described with a few modifications in our earlier methodology. In brief, a lipid  
183 mixture (40.3  $\mu\text{mol}$ : DPPC, 4.2  $\mu\text{mol}$ : DPPG, and 40.9  $\mu\text{mol}$ : cholesterol) was used to form a  
184 phospholipid bilayer, and a fluorescent dye Sulforhodamine B at higher concentration  
185 (150 mM) was selected to make fluorescent liposome nanovesicles, as we previously  
186 described (Shukla et al., 2016). Non-encapsulated dye or trace of organic solvent was  
187 removed from the liposome preparation by gel-filtration on a Sephadex G-50 column (1.5 $\times$ 18  
188 cm) at room temperature. Detailed methodology for synthesizing Sulforhodamine B-  
189 encapsulated liposome nanovesicles has been given in the Section 1 of the supplementary  
190 information.

191

192 *2.3. Surface functionalization of fluorescent liposome nanovesicles and conjugation of anti-*  
193 *histamine IgG to develop immunosensor*

194

195 *Step I. Derivatization of anti-histamine IgG with maleimide functional group*

196 Fluorescent anti-histamine conjugated liposomal nanovesicles (anti-His-LNs) as  
197 nanobiosensors were prepared as previously described with some modification [28]. Briefly,  
198 0.1 mg of anti-histamine IgG was dissolved in 1 mL of 0.05 M potassium phosphate buffer  
199 containing 1 mM of EDTA and 0.01% sodium azide (pH 7.4). A sulfo-KMUS solution was  
200 prepared by dissolving 3 mg of sulfo-KMUS in 0.15 mL of solvent mixture of DMSO:  
201 MeOH (2:1, v/v). Then, a 2.25  $\mu\text{l}$  of sulfo-KMUS solution was then added to 1 mL of this  
202 anti-histamine IgG solution (0.1 mg/mL) and incubated on a shaker at room temperature for 3  
203 h [29, 30]. Once the antibody (0.1 mg of anti-histamine IgG) derivatized with the maleimide  
204 group, was dialyzed overnight with 0.02 M HEPES buffer (0.15 M NaCl, 0.01% sodium  
205 azide), and sucrose was added to maintain its osmolarity as 427 m osmol/L. Importantly, to

206 maintain the proper stability of Sulforhodamine B-encapsulated liposomes, all buffers used in  
207 the liposome preparation were adjusted to relatively a little higher osmolarity so as to prevent  
208 the osmotic pressure-related swelling.

209

210 *Step II. Removal of acetylthioacetate group from Sulforhodamine B-encapsulated liposome*  
211 *nanovesicles*

212 The *N*-succinimidyl-*s*-acetylthioacetate (SATA) was used during the first step of  
213 liposome synthesis to prepare DPPE-ATA complex by mixing DPPE (7.2  $\mu\text{mol}$ ) and SATA  
214 (14.3  $\mu\text{mol}$ ) with 1 mL of 0.7% trimethylamine. After incorporation of lipid constituents into  
215 liposome bilayer, final obtained Sulforhodamine B-encapsulated liposome nanovesicles may  
216 still have some amounts of acetylthioacetate group moieties from SATA, which should be  
217 removed prior to further processing reaction (Kindly refer to supplementary information  
218 section for more information).

219 The total volume of Sulforhodamine B-encapsulated liposome solution was  
220 measured as it may differ lot-to-lot. 0.5 M of hydroxylamine hydrochloride was prepared in  
221 0.1 M HEPES solution containing 25 mM EDTA (pH 7.4) and then added into  
222 Sulforhodamine B-encapsulated liposome solution in a working ratio of 1:10 (1 mL of  
223 Sulforhodamine B-encapsulated liposome solution; 0.1 mL of 0.5 M hydroxylamine  
224 hydrochloride solution) followed by flushing the flask under nitrogen for 1 min. The reaction  
225 process of deacetylation was allowed to occur at room temperature at 70 rpm shaker for at  
226 least 2 h.

227

228 *Step III. Conjugation of maleimide-derivatized anti-histamine IgG to Sulforhodamine B-*  
229 *encapsulated liposome nanovesicles*

230 Conjugation of maleimide-derivatized anti-histamine IgG and fluorescent liposome  
231 nanovesicles (210  $\mu$ L) was performed by adjusting the liposome solution mixture to pH 7.0  
232 using 0.5 M HEPES buffer (to make same pH as required for –SH group ethylmaleimide  
233 quenching, 0.02 M Tris buffer; pH 7.0), added with maleimide-derivatized anti-histamine IgG  
234 solution (0.1 mg/mL of anti-histamine IgG prepared in Step I), and flushing under nitrogen  
235 gas for 1 min. The reaction was allowed to proceed on a shaker at room temperature for 4 h  
236 and then incubated at 4°C overnight. To quench unreacted –SH groups, 100 mM of  
237 ethylmaleimide dissolved in 0.02 M Tris buffer containing 0.15 M NaCl, 0.01% NaN<sub>3</sub>, and  
238 0.07 M sucrose; pH 7.0 was added to the immunoliposomes reaction mixture; the osmolarity  
239 of this buffer solution (421 m osmol/L) was maintained with 0.07 M sucrose using an  
240 osmometer (Shukla et al., 2016). Anti-histamine IgG-tagged liposome nanovesicles were  
241 separated from unreacted SH-derivatized anti-histamine IgG using a Sepharose CL-4B  
242 column equilibrated with 0.02 M Tris buffer (0.15 M NaCl, 0.01% NaN<sub>3</sub>, pH 7.0) containing  
243 0.07 M sucrose. The desired fraction of anti-histamine IgG-tagged liposome nanovesicles  
244 was collected and the solution was dialyzed (in 0.02 M Tris buffer) overnight at 4 °C in the  
245 dark for achieving to improve its stability. The confirmation of free antibody released during  
246 elution from Sepharose CL-4B column was analyzed in different fractions of elute buffer via  
247 the Bradford method using rabbit IgG as a standard.

248 After this, the measured volume of anti-histamine IgG-tagged liposome nanovesicles  
249 was then treated with dropwise addition of 2% BSA solution (in 0.01 M phosphate buffer),  
250 followed by 30 min incubation at 4°C to block non-specific binding (Kim et al., 2018). This  
251 pre-blocking step was preferable in this study than our previously reported method (Shukla et  
252 al., 2016) due to lesser chances of non-specific binding that could be originated from  
253 contamination of antibody-conjugated liposome nanovesicles. As illustrated in Fig. 1,  
254 phospholipids and cholesterol moieties were used to construct a nano-sized Sulforhodamine

255 B dye encapsulated lipid bilayer (liposome) and conjugated with anti-histamine IgG to form  
256 immunoliposome nanovesicles after fractionation and purification using Sephadex and  
257 Sepharose gel columns.

258

#### 259 *2.4. Characterization of fluorescent anti-histamine IgG conjugated liposomal nanovesicles*

260

##### 261 *2.4.1. Morphology, size, and stability*

262 Liposome nanovesicles morphologies were observed using a JEOL 2100F high-  
263 resolution TEM. Average diameters, polydispersity indices (PDI), and zeta potentials of  
264 liposome nanovesicles were measured by dynamic light scattering (DLS) using a Zetasizer  
265 Nano ZS particle analyzer (Malvern Instruments Ltd., Worcestershire, UK) at room  
266 temperature. Intensities of liposomal suspensions were adequately diluted with 0.02 M  
267 Tris-buffered saline (TBS pH 7.0) prior to taking measurements. The PDI and zeta  
268 potentials of fluorescent liposome nanovesicles were also used as measures of particle  
269 homogeneity and stability.

270

##### 271 *2.4.2. Confirmation of Sulforhodamine B encapsulation in liposomal lipid bilayers*

272 Lipid and phospholipid molecules can encapsulate Sulforhodamine B, a self-  
273 quenching signaling molecule at higher concentrations leading to formation of  
274 Sulforhodamine B-encapsulated liposome nanovesicles; Sulforhodamine B-encapsulation  
275 efficiency was determined by measuring increases in fluorescence intensity after rupturing  
276 lipid bilayers. In brief, 150 mM Sulforhodamine B-encapsulated liposome nanovesicles were  
277 treated with a solution of *n*-Octyl- $\beta$ -D-glucopyranoside (OG) (30 mM) and few other ionic  
278 and non-ionic detergent reagents such as Tween 20, Tween 80, Triton X-100, and sodium  
279 dodecyl sulfate. After the lysis, the fluorescence intensities of released Sulforhodamine B

280 from encapsulated liposome nanovesicles were recorded at 550 and 585 nm as excitation and  
281 emission wavelengths, respectively, and for control, 0.01 M HEPES buffer (pH 7.0) was used.

282

#### 283 *2.4.3. Confirmation for free anti-histamine IgG release via Sepharose CL-4B column*

284 Anti-histamine IgG-tagged liposome nanovesicles were separated from free anti-  
285 histamine IgG using a Sepharose CL-4B column. The confirmation of free antibody released  
286 during elution from Sepharose CL-4B column was analyzed by collecting different fractions  
287 of elute buffer after different time intervals and released free antibody concentration was  
288 measured via the Bradford method using rabbit IgG as a standard (Shukla et al., 2011).

289

#### 290 *2.5. Concept for detection assay format and sensitivity for histamine detection*

291

292 The developed assay functions on the immuno-capturing-based fluorescence  
293 controlled detection efficiency of liposome nanovesicles, which act as signal amplifiers. The  
294 detection signal capacity of a liposome particle is directly proportional to its size, as  
295 described previously (Shukla et al., 2016). The basic concept of the present assay is based on  
296 fluorescence measurement before and after rupturing of liposomes followed by leakage of  
297 encapsulated SRB dye from the liposome vesicles and finally enhanced fluorescence signals  
298 are generated as compared to the fluorescence measurement without rupturing. In the present  
299 assay method, we simplified and specified the arrangement of liposomal vesicles for  
300 generating strong signals, better sensitivity, reduced washing, single well reaction, reduced  
301 cost, and instant signal generation by using developed immunoliposome vesicles rather than  
302 an enzyme-based assay with fluorescence detections. The overall setup for anti-His-LNs-  
303 based biosensing is demonstrated in Fig. 2. The liposomal nanovesicles containing  
304 Sulforhodamine B amplifiers exhibit strong absorption at 500 nm and high fluorescence at

305 550 and 585 nm as excitation and emission wavelengths, respectively (data not shown),  
306 hence these parameters were introduced into our setup to allow the detection of fluorescence  
307 signals. Thus ability of liposome nanovesicles to act as immunosensor for histamine sensing  
308 was assessed by monitoring the change of fluorescence at an excitation wavelength of 550  
309 nm and emission wavelength of 585 nm.

310 In the present study, an arrangement strategy of fluorescent anti-His-LNs was  
311 adopted to enhance the detection efficiency of the developed assay format. In brief, at first, a  
312 stock solution of anti-histamine IgG-tagged liposome nanovesicles (anti-His-LNs) was  
313 diluted with 0.01 M Tris buffered saline (TBS) containing 0.04 M sucrose at ratios of 1:2, 1:5,  
314 1:10 or 1:50 to obtain suitable fluorescence signals in terms of intensities. The 1:10 ratio was  
315 deemed optimal and used throughout the remainder of the study. Disruption of the  
316 phospholipid bilayer of liposomal nanovesicles was induced by adding detergent. The release  
317 of Sulforhodamine B was then detected by analyzing increases and/or decreases in  
318 fluorescence intensities. Two assay formats based on two layered anti-His-LNs (anti-His-LNs  
319 were mixed with histamine antigen to form immunocomplex, the procedure was done in 2  
320 layers) were constructed in an effort to shorten and simplify the detection procedure.  
321 Schematics of the both methods are presented in Figures 2A, B and C.

322 Method 1 involves a single well one wash procedure, in which 100  $\mu$ L solution of  
323 various concentrations of histamine (1, 5, 10, 20, 40, 60, 80, 100 or 200 ppb in 0.01 M  
324 phosphate buffer) was added in micro-wells of 96 well amine binding polystyrene surface  
325 immunoplate, followed by incubation at 37 °C for 15 min and then addition of 50  $\mu$ L of anti-  
326 His-LNs and incubated for 15 min at 37 °C. These amine binding polystyrene surface 96  
327 microwell plates allow the strong adhesion of proteins and antigenic molecules, including  
328 histamine. In brief, these plates were pre-activated via maleic anhydride which allows strong  
329 attachment of amine-containing molecules to microplate wells for using in binding assays.

330 Here, our target molecule is a type of biogenic amine (histamine) having  $-\text{NH}_2$  functional  
331 group, therefore, similar binding approach is strongly suitable in these plates.

332 Then, similarly the mixture of 100  $\mu\text{L}$  of histamine solution and 50  $\mu\text{L}$  anti-His-LNs  
333 as a secondary layer was added to each well followed by similar incubation procedure to  
334 allow the formation of immunocomplex (Fig. 2A). Wells were then washed with 0.01 M  
335 phosphate buffer and 250  $\mu\text{L}$  of 30 mM OG was added to lyse the liposome nanovesicles.  
336 Histamine bounded Sulforhodamine B encapsulated liposome nanovesicles were then lysed  
337 and released. At final step, 200  $\mu\text{L}$  of supernatant solution was transferred in to the new well,  
338 and fluorescence signals of Sulforhodamine B, generated after lysis, were measured at 550  
339 and 585 nm as excitation and emission wavelengths, respectively.

340 On the other hand, another detection assay procedure for Method 2 involved a one-  
341 by-one wash procedure (Fig. 2B). Briefly, at first 100  $\mu\text{L}$  of histamine solution of various  
342 concentrations (1, 5, 10, 20, 40, 60, 80, 100 or 200 ppb and higher concentrations 0.5-200  
343 ppm in 0.01M phosphate buffer) was coated onto micro-wells of 96 well surface  
344 immunoplate by incubating the microplate for 30 min at 37° C. Wells were then washed with  
345 0.01 M phosphate buffer (3 times), and then 50  $\mu\text{L}$  of anti-His-LNs were added, and wells  
346 were incubated at 37 °C for 30 min to initiate the immunogenic reaction. The wells were  
347 again washed with 0.01 M phosphate buffer (3 times). Similarly, a second layer of assay  
348 format was constructed by adding 100  $\mu\text{L}$  of histamine solution and 50  $\mu\text{L}$  of antibody-tagged  
349 liposome nanoparticles followed by incubation at 37 °C for 30 min after each addition. Then,  
350 the micro-wells were again washed three times with 0.01 M phosphate buffer and then  
351 encapsulated Sulforhodamine B molecules (in anti-His-LNs) were released by adding 250  $\mu\text{L}$   
352 of 30 mM OG. Finally, 200  $\mu\text{L}$  of lysed liposome solution (supernatant) was transferred in to  
353 the new well (to avoiding false interference of any down settled aggregated immunocomplex  
354 and errors due to bubbles originated after addition of OG), and signal generation in terms of

355 fluorescence intensity was measured at an excitation wavelength of 550 nm and emission  
356 wavelength of 585 nm. The fluorescence intensities of samples and blank were measured as  
357 positive and negative values, respectively. The detection results were evaluated for  
358 positive/negative (P/N) values, where  $P/N > 2$  is considered as a positive result which means  
359 histamine is present at detectable level, and  $P/N < 2$  is considered as a negative result which  
360 means histamine is either not present or at a very low concentration.

361 The method for using 2 layers of liposomal vesicles in sensitive detection of  
362 enterotoxic *Staphylococcus aureus* was originated from Yin and Wen (2017). To prove better  
363 detection performance, a single layered immuno-liposomal assay format was constructed and  
364 compared with current 2 layered immuno-liposomal format. Single layer for immunosensing  
365 was formed similarly by adding 100  $\mu\text{L}$  of histamine solution to coat onto micro-wells of 96  
366 well amine binding polystyrene surface immunoplate by incubating the microplate for 30 min  
367 at 37° C followed by 3 times washing (using 0.01M phosphate buffer). After which 50  $\mu\text{L}$   
368 solution of anti-His-LNs was added to micro-wells followed by incubation at 37 °C for 30  
369 min. Wells were then washed with 0.01 M phosphate buffer and fluorescence signals were  
370 recorder after the lysis of anti-His-LNs by adding 250  $\mu\text{L}$  of 30 mM OG. For measuring the  
371 fluorescence signals (at excitation and emission wavelengths of 550 and 585 nm,  
372 respectively), only 200  $\mu\text{L}$  of lysed liposome solution was transferred to the new wells (Fig.  
373 2C).

374

## 375 2.6. Interference test

376

377 The developed one-by-one assay (Method 2) was tested for its specificity against  
378 histamine. Solutions of eight other endogenous standard biogenic amines (HIS, TRP, SPD,  
379 PHE, CAD, PUT, TYR, and SPM) were prepared at 10 and 100 ppb concentrations, whereas

380 their commonly representing corresponding free amino acids (histidine, glycine, alanine,  
381 lysine, glutamic acid and arginine) were prepared separately at higher concentration levels  
382 (100 ppb) for interference test. The mixture of HIS was prepared at 10 ppb while other  
383 interfering amines and free amino acids were prepared at 10×excess concentrations and tested  
384 using the above-described analytical procedure. All assay sets were performed in six  
385 replicates and % CV values were calculated.

386

387 *2.7. Applicability of developed detection assay in contaminated fish, meat and ready to eat*  
388 *salad products*

389

390 Histamine is a heat stable amine and is unaffected by high range of temperatures and  
391 imposes a great challenge in terms of public health and trade by possessing  
392 scombroid fish poisoning. To confirm the applicability of the proposed sensing via Method 2,  
393 the content of histamine in fresh mackerel fish, canned tuna and salmon fish, ground red meat  
394 and ready to eat salad samples was detected using spiked recovery method. All the fresh  
395 samples were transferred in hygienic conditions to the laboratory and then exposed under UV  
396 for 20-30 min to avoid any further microbial contaminations and further tested using  
397 commercially available histamine detection kit (Neogen-veratox for quantification limit 2  
398 ppm) as well as via currently developed method for the detection of lower levels of histamine  
399 (in ppb) in order to confirm the absence of histamine in each set of the sample detection  
400 analysis and then spiked with histamine at different concentration levels.

401 All samples (5 g) after confirming the absence of histamine were homogenized (high  
402 speed) in 45 mL of 0.01 M phosphate buffer (pH 7.0) and homogenates were then spiked with  
403 different concentrations of histamine (1, 5, 10, 20, 40, 60, 80, 100 or 200 ppb) and final  
404 volumes made up to 50 mL. After vigorous vortexing, samples were centrifuged at 10,000

405 rpm for 10 min, 1 mL aliquots of supernatant were collected and diluted at 1:10 to reduce  
406 matrix effects. In continuations of assay procedure as ascribed in earlier section for method 2,  
407 collected supernatant from histamine contaminated real samples was coated onto micro-wells  
408 of 96 well amine binding polystyrene surface immunoplate by incubating the microplate for  
409 30 min at 37° C. These specific immunoplates have the high adhesion and easy attachment  
410 capacity of amine binding polystyrene surfaces for histamine antigen present in the samples.  
411 Three independent sets of spiked samples were prepared at each concentration for statistical  
412 purposes.

413

#### 414 *2.8. Assay validations*

415

416 The detection procedure was validated via calibration curve and evaluation of the  
417 range of linearity, limit of detection (LOD), and limit of quantification (LOQ). The linear  
418 response of histamine was determined in the concentrations, which led to the correlation  
419 factor  $R^2 > 0.99$ . LOD and LOQ were re-calculated using the standard equations  $LOD = X_0 +$   
420  $3SD$  and  $LOQ = X_0 + 5SD$ , respectively, where  $X_0$  was the average response of the blank  
421 samples, and SD referred to the standard deviation for  $n = 6$ .

422

### 423 **3. Results and discussion**

424

#### 425 *3.1. Preparation and characterization of liposome nanovesicles*

426

427 Sulforhodamine B-encapsulated liposome nanovesicles were developed using a  
428 reverse-phase method as previously described (Shukla et al., 2016) with minor modifications.  
429 In brief, liposome nanovesicles were filtered through 0.8 and 0.4  $\mu\text{m}$  polycarbonate filters in

430 order to achieve uniform size distributions (Fig. 1D), which were measured by dynamic light  
431 scattering at 209.2 nm with 100% intensity and 0.965 intercept value (Fig. S1). Average  
432 volume of single liposome nanoparticle calculated using average size of mixed liposome  
433 vesicles is presented in Table S1. On the basis of the average size determined via dynamic  
434 light scattering, it could be possible to calculate the average outer volume of single liposome  
435 vesicle as  $4.71 \times 10^{-12}$   $\mu\text{L}$  and inner volume entrapped (by assumption 4 nm lipid bilayer  
436 thickness) as  $4.18 \times 10^{-15}$   $\mu\text{L}$ . The Sulforhodamine B content inside the liposome was assumed  
437 as equal to Sulforhodamine B concentration used during the liposome preparation (150 mM),  
438 and other characteristics such as amount of Sulforhodamine B per liposome ( $6.28 \times 10^{-13}$   
439  $\mu\text{mol}$ ), number of Sulforhodamine B molecules per liposome ( $3.78 \times 10^5$ ) were calculated by  
440 comparing the fluorescence of lysed liposomes to that of standard Sulforhodamine B solution.  
441 Amount of lipid / liposome and number of lipid molecules per liposomes were calculated  
442 considering the outer surface area =  $4\pi r^2$  with the assumption that only 50% of total lipid  
443 molecules are present in liposome vesicle. Similarly, anti-histamine IgG molecules tagged per  
444 liposomal vesicles were calculated by assuming that only 0.4% IgG was conjugated that  
445 resulted in 2200 molecules of anti-histamine IgG on the surface of each liposomal vesicle.  
446 Prior to antibody conjugation, the concentration of developed liposomes was calculated by  
447 assuming that the Sulforhodamine B concentration inside liposomes was 150 mM. All  
448 calculations were dependent on Sulforhodamine B standard curve and calculated as  
449 encapsulated Sulforhodamine B concentrations after lysis and measured via fluorescence  
450 intensity (at an excitation wavelength of 550 nm and emission wavelength of 585 nm) for the  
451 total released SRB concentration, as a result, which was calculated as 8  $\mu\text{mol/mL}$  of liposome  
452 solution. Based on the information given in Table S1, we calculated the  $\mu\text{mol}$  concentration  
453 of SRB/each particle of liposome as  $6.28 \times 10^{-13}$ . Therefore, the concentration of liposome  
454 (particles/mL) was approximately  $1.27 \times 10^{13}$  particles/ mL. All the calculations were

455 designed on the bases of our earlier reported protocols (Shin and Kim, 2008).

456 Previous studies have shown that fluorescence detection signal capacity of a  
457 liposome nanoparticle is dependent to its particle size (Shin and Kim, 2008). Based on this  
458 information, we assumed that as the size of the surface area of a liposome particle increased  
459 the binding affinities of antibody molecules to its surface was enhanced. Thus, we sought to  
460 prepare liposome nanovesicles with high surface areas to enhance surface antibody binding.  
461 TEM observations confirmed 190–200 nm nanovesicles were spherical (Fig. 3A). Also, Shin  
462 and Kim (2008) reported that as the size of the liposome increased, higher fluorescence  
463 signals were obtained owing to a higher number of Sulforhodamine B molecules  
464 encapsulated in the liposome. Overall, as the liposome particle size increased, the detection  
465 signal increased.

466 Zeta potential and polydispersity index (PDI) are important parameters that reflect  
467 the stabilities of nano-systems, and for Sulforhodamine B-encapsulated liposome  
468 nanovesicles as determined by DLS their values were  $-42 \pm 7.72$  mV, and 0.191, respectively,  
469 which confirmed interaction between Sulforhodamine B molecules and negatively charged  
470 phospholipids (Table S1). Liposomes prepared with lower PDIs ( $< 1$ ) are considered  
471 monodisperse liposome vesicles, and have excellent stabilities (Shukla et al., 2011). The  
472 magnitude of the zeta potential indicates the potential stability of the colloidal system. High  
473 surface charges cause particles to repel each other, and thus, increase solution stability. Li et  
474 al. (2016) reported similar results for liposome nanovesicles developed for targeted drug  
475 delivery.

476

### 477 *3.2. Confirmation of Sulforhodamine B encapsulation in liposomal lipid bilayers*

478

479 Sulforhodamine B was successfully encapsulated in liposome nanovesicles and

480 served as a strong fluorescent sensing material. To confirm the encapsulation efficiency of  
481 liposomes, results were confirmed based on the measurements of the fluorescence intensity of  
482 Sulforhodamine B-encapsulated liposomes before and after lysis. In addition, we also tested  
483 the abilities of a series of ionic and non-ionic detergents (Tween 20, Tween 80, Triton X-100,  
484 sodium dodecyl sulfate, and OG) to rupture the membranes of Sulforhodamine B-  
485 encapsulated liposomes (Fig. 3B). OG at a concentration of 30 mM was found to most  
486 effectively rupture lipid membrane as determined by transmission electron morphological  
487 views (Fig. 3C) and Sulforhodamine B fluorescence intensities (Fig. 3D).

488 Fluorescence intensities of lysed and non-lysed liposomal nanovesicles rely on the  
489 de-quenching of putatively self-quenched Sulforhodamine B (Ho et al., 2007). In order to  
490 determine the concentration dependency of Sulforhodamine B release from liposomes  
491 nanovesicles and generation of fluorescent signals by lysis of liposomal nanovesicles.  
492 Liposome nanovesicles at different dilutions ( $1:10^3$ ,  $1:10^4$ ,  $1:10^5$ , and  $1:10^6$ ) were treated with  
493 30 mM of OG as a strong detergent, and fluorescence intensity signals were measured at  
494 excitation and emission wavelengths of 550 and 585 nm, respectively. We found that 30 mM  
495 OG dose-dependently induced Sulforhodamine B release, and thus, was chosen for further  
496 tests (Fig. 3D). Overall our results showed Sulforhodamine B was well encapsulated by  
497 liposomal vesicles, which exhibited only weak fluorescence intensity, but strong fluorescence  
498 intensity after lysis, indicative of fluorescent dye leakage from vesicles (Saez et al., 1982).

499 Further, after conjugation of anti-histamine IgG to Sulforhodamine B-encapsulated  
500 liposome nanovesicles, the free antibodies were removed following the purification step via  
501 Sepharose CL-4B column. The confirmation of released free antibody was validated using  
502 different interval fractions of elute buffer by the Bradford method using rabbit IgG as a  
503 standard. During conjugation, initial concentration of anti-histamine IgG was 0.1 mg/mL  
504 while 0.021 mg/mL of free antibody release was observed during purification of anti-

505 histamine IgG from different fractions of buffer via Sepharose CL-4B column (Table S3),  
506 confirming that the free antibody was easily removed when fractioned via Sepharose CL-4B  
507 column. The optimization of anti-histamine useful amount for the conjugation with liposomal  
508 nanovesicles was tested with various concentrations of anti-histamine IgG antibody to  
509 achieve its significant bounding efficiency confirmed via Bradford test. Finally, 0.1 mg/mL  
510 concentration was confirmed as the useful amount of anti-histamine IgG to form  
511 immunoconjugate (Table S2). The experiment was allowed to perform in several lots during  
512 the synthesis procedure.

513

### 514 *3.3. Design and detection sensitivity of developed assay*

515

516 Under optimized conditions, immunosensor assay formats (Methods 1 and 2)  
517 constructed in this study based on the immunoliposome nanovesicles were applied to detect  
518 different concentrations of histamine in a buffer system (Fig. 4A and 3B). Both methods  
519 produced dual layer liposome-based immunocomplex with the requirement of 200  $\mu$ L of  
520 analyte (histamine) and 100  $\mu$ L of anti-His-LNs. Method 1 was involved a single well one  
521 wash procedure, in which a second layer of immunocomplex was formed with anti-His-LNs  
522 and was mixed together with single step washing followed by fluorescence measurements by  
523 the release of Sulforhodamine B contents. On the other hand, Method 2 involved the multiple  
524 washing and incubation steps typical of ELISA into a one-by-one procedures as described in  
525 the Experimental section in which first analyte (histamine antigen) was coated with proper  
526 incubation time followed by 3 times washing and then the first layer of anti-His-LNs was  
527 constructed. After proper incubation period, the attached immunocomplex was washed and  
528 again allowed to construct a second layer of analyte and anti-His-LNs followed by washing.  
529 Method 1 and 2 resulted in LNs that exhibited concentration-dependent fluorescence

530 intensities (Fig. 4A and 4B). Lower concentration of histamine allowed the formation of  
531 antigen (histamine)–antibody (anti-His-LNs) complex only in a few amount, and large  
532 amount of anti-His-LNs remained unbounded, which can be easily washed off, and after lysis  
533 reaction, resulting in a lower range of fluorescence intensity which was observed in an  
534 increasing manner as the concentration of histamine increased (Fig. 4A and 4B).

535         Detection limits were defined as average fluorescence intensities of blank samples  
536 plus-minus three standard deviations (Hochel and Skvor, 2009). In brief, according to the  
537 equation:  $LOD = \bar{x}_b + 3s_b$ , where  $\bar{x}_b$  is average blank signal and  $s_b$  is blank standard  
538 deviation. The detection limit of histamine for Method 1 was found to be 10 ppb and only 1 h  
539 15 min was required to obtain signals (Fig. 4A). While, Method 2 (one by one wash) had a  
540 detection limit of 2–3 ppb but 2 h 30 min was required to obtain signals (Fig. 4B). The  
541 detection limit of Method 2 was preferred, presumably due to stronger analyte to anti-His-  
542 LNs binding due to the longer reaction time. In Method 1, the “prozone effect” was observed  
543 at a histamine concentration of 80 ppb, and this may have been due to competitive reactions  
544 between anti-His-LNs and higher number of histamine molecules which can be considered as  
545 a saturation point (Fig. 4A). On the other hand, Method 2 showed minute reduction in  
546 fluorescence signals at a histamine concentration of 200 ppb (Fig. 4B); however, on an  
547 increment of higher histamine concentrations (0.5 to 200 ppm), fluorescent signals again  
548 increased drastically and no saturation or “prozone effect” was observed (Fig. S4), possibly  
549 due to the use of multiple washes in between the arrangements of anti-His-LNs complex  
550 offering a heterogeneous assay design (Vaidya et al., 1988).

551         Based on these results, although Method 1 could be implemented more easily and  
552 quickly because it did not require multiple steps of Method 2, we adopted Method 2 because  
553 it had a lower detection limit (2–3 ppb) and a quantification limits in a wider range (8.5 ppb–  
554 200 ppm) than Method 1 (15–80 ppb). We believe that the two layered anti-His-LNs based

555 sensing format (Method 2) exhibited good bio-specificity and sensitivity- the emitted  
556 fluorescence was acquired from the detection of anti-histamine IgG-conjugated liposomal  
557 amplifiers that formed strong layers of immuno-complexes with the target analyte and the  
558 immuno-liposomal complex. This may be attributed to the inherited nature of the anti-His-  
559 LNs as an immunosensor which specifically captured the analyte molecule. Moreover, the  
560 appropriate blocking strategy also prevented non-specific binding between the detection  
561 surface and the target antibody molecules or liposomal amplifiers (Chang et al., 2016).

562 In a previous study, Shukla et al. (2012) used liposomes in a single layer format for  
563 the detection of *Salmonella* bacterium. Here, we compared a single layered format involving  
564 multiple washing stages similar with Method 2 (two layered format) using the same amount  
565 of histamine (200  $\mu$ L) and of liposome nanovesicles (100  $\mu$ L) and measured detection  
566 sensitivities (Fig. 2B). We found the detection limit of histamine in single layered format was  
567 60 ppb and that signals were detected in 1 h 30 min (Fig. 4C). This outcoming demonstrated  
568 an immense interest in achieving better detection sensitivities by approaching a two layered  
569 format of liposome nanovesicle-based diagnostic system. Finally, we compared the analytical  
570 performance of Method 2 with other diagnostic methods developed for histamine detection  
571 (Table 1). Method comparisons demonstrated that the sensor developed in this study has a  
572 wider linear range and a lower detection limit, and does not require the complex handling  
573 steps of previously reported sensors.

574 To check storage stability, fluorescence intensities of synthesized Sulforhodamine B-  
575 encapsulated liposome nanovesicles were measured after storage at 4 °C for 6 and 12 months.  
576 Significant changes in fluorescence intensity were observed after 3 months and after 12  
577 months of storage fluorescence intensities were much reduced (Fig. S2). Therefore, in order  
578 to achieve long term stability and avoid damage of fluorescent liposome nanovesicles, we  
579 recommend the conjugation of anti-histamine IgG to fluorescent liposome nanovesicles

580 should be performed promptly after synthesis. Therefore, after conjugation of liposomal  
581 nanovesicles with anti-histamine IgG (immunoliposomal nanovesicle), we evaluated the  
582 stability with storage at 4 °C for 0 month to 20 months, and observed that the stability of  
583 immunoliposomal nanovesicles in terms of fluorescence intensity was not reduced until 12  
584 months, which proves their significant stable shelf-life with sufficient encapsulation of SRB  
585 dye. However, a drastic reduction in the fluorescence intensity was noted after 12 and 14  
586 months storage under the same conditions.

587

#### 588 *3.4. Specificity of the developed assay formats*

589

590 In order to measure the specificity of Method 2, cross-reactivity was examined  
591 versus 8 other biogenic amines (HIS, PUT, PHE, SPM, CAD, TRP, SPD, and TYR) that  
592 belong to same group of amine contaminants in food products. All the examinations were  
593 performed under the experimental conditions described in subsection: 2.5. Positive and  
594 negative tests were conducted using fluorescence intensities and P/N values. P/N values of  
595 many immunoassays provide an important means of determining positive and negative test  
596 results (Saez et al., 1982). The P/N value of histamine was  $7.49 \pm 0.2$  ( $>2$ ), whereas for the  
597 other biogenic amines tested, P/N values were all  $<2$ , which indicated the absence of cross  
598 reactivity with other amine contaminants. The P/N value of spermidine was  $2.4 \pm 0.1$ ,  
599 indicating slight interference (Fig. 5a). This might be due to close chemical interaction of  
600 spermidine moieties or a few uncovered binding sites present in anti-His-LNs. The specificity  
601 of the developed anti-His-LNs-based assay (Method 2) is probably determined by the  
602 specificity of the antibody used (Dong et al., 2017).

603 The selectivity was also investigated with the correspondent free amino acids found  
604 mostly in fish, meat and vegetables as histidine, glycine, alanine, lysine, glutamic acid and

605 arginine, account for major proportion of the total amino acid contents. The histidine amino  
606 acid is the main interfering factor for histamine determination because the % presence of free  
607 amino acids in meat and fish products is lesser than 1%. Fig. 5b shows the fluorescence  
608 intensity response of these free amino acids along with histamine and found the peak  
609 fluorescence intensity of histamine was minimum 3 times larger at 1/10<sup>th</sup> concentration of  
610 other tested free amino acids, approved for no interfering with other structural analogs. Also  
611 when a mixture of all free amino acids (100 ppb) mixed with histamine at 10 ppb,  
612 fluorescence intensity of histamine was slightly reduced as compare to single histamine (10  
613 ppb) but was analyzed statistically different ( $p < 0.05$ ), confirming acceptable specificity of  
614 the proposed sensing. Few other electrocatalytic electrodes based sensing methods were  
615 found to be affected by interfering analogs including histidine free amino acid (Wang et al.,  
616 2017; Gajjala and Palathedath, 2018).

617

### 618 *3.5. Applicability of the developed assay using real fish and meat samples*

619

620 In order to assess the applicability of the developed anti-His-LNs-based assay  
621 (Method 2), fish food products including fresh mackerel fish and canned tuna/salmon fish  
622 samples were artificially spiked with corresponding histamine concentrations. The histamine  
623 detection limit was found to be same as in buffer medium (2–3 ppb), but fluorescence signals  
624 were slightly reduced (Fig. 6), indicating slight matrix effects, presumably due to high protein,  
625 fat, or omega fatty acid contents present in fish samples (Omanovic-Miklicanin and Valzacchi,  
626 2017). Further, average recoveries were also tested with detectable concentrations observed  
627 from fresh mackerel 73.50% to 99.98%, canned tuna 79.08% to 103.74% and 74.56% to  
628 99.02% from canned salmon, respectively. The precision and accuracy of each test set were  
629 expressed as % CVs ranging from 1.48% to 6.86% (Table 2). These analytical figures (% CV)

630 were consistent with the results of other reported detection approaches, indicating that the  
631 method was reliable for the analysis of real samples (Hu et al., 2017; Taghdisi et al., 2016).

632 Solution obtained (after spiking of histamine into real food samples) was diluted in  
633 the ratio of 1:10 to reduce matrix effects following the USFDA guidelines and coated onto  
634 the amine group binding polystyrene 96 well immunoplates. At this stages along with  
635 histamine, a few other proteins present in food samples might also be coated onto the surfaces  
636 of immunoplate. However, the developed assay had no interfering effect on the histamine  
637 specific fluorescence signal generation, thus confirming the specificity of currently developed  
638 anti-His-LNs based assay (Method 2).

639 Moreover, histamine detection with good recovery was also confirmed in few other  
640 relevant food matrices such as ground red meat and ready to eat salad. The results of an  
641 acceptable value of % histamine recoveries were found as 106.43% and 99.00% in ground  
642 red meat and ready to eat salad, respectively are provided in Table S5. The total assay time of  
643 the developed assay setup for all the samples was noted as 2 h 30 min, including coating,  
644 blocking and washing procedures. This assay setup favors that multiple samples (96 samples  
645 at one time) can be handled within the same time limit. These results revealed a good sensing  
646 applicability of the developed one-by-one anti-His-LNs-based assay (Method 2) in a multi-  
647 well biosensing system for a variety of food matrices without having any recovery loss and  
648 no demand for sophisticated purification methods, such as extraction-based liquid  
649 chromatography methods.

650

651 *3.6. Method comparison with conventional HPLC technique and liposome-based*  
652 *immunomagnetic separation assay*

653

654 Although several analytical detection methods, including HPLC, GC, RP-HPLC, and

655 TLC have been reported earlier (Awan et al., 2008; Lapa-Guimarães and Pickova, 2004) for  
656 the detection of histamine, all these methods require sample pre-treatment step, derivatization  
657 prior to sample injection, and able to analyze only single sample at a time. However, the  
658 sensing method developed in this study does not have any requirement of pre-treatment,  
659 sample derivatization and able to analyze multiple samples at the same time. Further, to  
660 approve the novelty, accuracy and practical applicability of the developed anti-His-LNs-  
661 based assay (Method 2), fish food products, including fresh mackerel and canned tuna/salmon  
662 fish samples were tested for measuring the histamine content by the proposed method and  
663 high performance liquid chromatography (HPLC) method.

664 To confirm the sensitivity, rapidity, and straightforwardness of the sample pre-  
665 treatment procedure without using expensive reagents and derivatizing reagents, results were  
666 verified using a conventional HPLC method. We previously found, histamine had to be  
667 derivatized with dansyl or benzoyl chloride for HPLC detection (Shukla et al., 2011; Shukla  
668 et al., 2014), as fish samples spiked with different biogenic amines at different concentrations,  
669 including histamine, could not be analyzed without derivatization. Therefore, same fish  
670 samples were extracted with 0.4 M perchloric acid and derivatized with dansyl chloride  
671 followed by HPLC analyses. The results from HPLC chromatograms confirmed lower  
672 histamine recovery rates than currently developed anti-His-LNs-based method (Table S4, Fig.  
673 S3). HPLC techniques for the determination of several hazardous biogenic amines, including  
674 histamine, require sample extraction and derivatization (2–3 h), and a sample run time of 30  
675 min. The assay procedure developed in the present study does not require any pre-treatment  
676 or sample derivatization step, and was able to detect histamine in multiple samples (at least  
677 96 samples) directly within 2 h 30 min.

678 Furthermore, histamine concentrations of  $< 1$  ppm could not be easily detected in a  
679 variety of food matrices by HPLC technique, which is its major limitation versus nano-based

680 detection techniques. Erim (2013) reported that HPLC technique can be used to quantify a  
681 single biogenic amine in a sample, and by HPLC, limit of detection of 0.02 ppm has been  
682 reported for histamine in fish products. Pradenas et al. (2016) confirmed and validated an  
683 improved HPLC technique in different food matrices for the detection of histamine with a  
684 limit of detection ranging from 0.5–20 ppm.

685 In addition, we have also compared the novelty, and better detection limits of anti-  
686 His-LNs-based method (Method 2) with other liposome-based immunomagnetic  
687 concentration and separation assay (IMS) (Shukla et al., 2016). As a result, although the total  
688 assay time was similar (2 h 30 min) as observed for the anti-His-LNs-based method, in  
689 histamine buffer medium the detection limit was found as 10-20 ppb with quantification limit  
690 of 10-50 ppb (Fig. 7). The practical applicability of liposome-based immunomagnetic  
691 concentration and separation assay was also compared in real fish food sample spiked with  
692 different concentrations of histamine. As a result, although direct detection without sample  
693 pre-treatment was confirmed, the detection and quantification limits were very poor as 20 ppb  
694 and 20-50 ppb, respectively than currently developed anti-His-LNs-based assay (Method 2),  
695 which indicates that the developed assay (Method 2) could be used efficiently for the routine  
696 analysis of histamine in real food samples than other similar detection methods.

697

#### 698 **4. Conclusions**

699

700 A fluorescence quenching immunosensing format was developed to measure the  
701 concentration of histamine toxin in contaminated fish samples. The developed liposome  
702 amplified sensing assay (Method 2) shown preferable detection limit of 2–3 ppb with a wide  
703 range for quantification limit (8.5 ppb –200 ppm). Validation of the developed assay  
704 procedure (Method 2) was confirmed by histamine detection in artificially contaminated real

705 fish samples where a similar detection limit (2-3 ppb) was achieved within 2 h 30 min of total  
706 assay time for multiple samples (96 samples at one time), including coating, blocking and  
707 washing procedures without use of extraction and derivatization steps than that of  
708 conventional analytical detection methods such as HPLC. The histamine recovery rates from  
709 contaminated fish samples were in the range of 73.50%-103.74% whereas repeatability  
710 results as % CV were in the range of 5.34%-8.48%. In summary, the liposome-based  
711 detection assay developed in this study is simple, rapid, and cost effective, and does not  
712 require any extra pre-treatment steps. Moreover, it has great potential in a wide range of  
713 universal diagnostic applications to determine toxin analytes in real fish samples, including  
714 other similar foods.

715

#### 716 **Author contributions**

717

718 The manuscript was written through contributions of all authors. All authors have  
719 given approval to the final version of the manuscript.

720

#### 721 **Declaration of interests**

722

723 None.

724

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726

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730

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897 **Table 1**

898 Comparison of the developed liposomal vesicle-based detection assay for histamine with  
 899 other detection methods.

Detection base	Mechanism	Limit of detection (LOD)/ Quantification range	Reference
Silver colloid SERS substrate	Surface Enhanced Raman Spectroscopy	Linear range: 0-20 mg/kg	Janc'ı et al., 2017
Cy5 de labeled oxido-reductases	Fluorescent based on quenching by Forster resonance energy transfer	LOD: 13 nM Linear range: 13 nM–25 nM	Gustiananda et al., 2012
Molecularly imprinted polymer film	Surface plasmon resonance sensor	Linear range: 25 µg/L – 1000 µg/L	Jiang et al., 2015
Graphene-based nano composite film with HRP (horse radish peroxidase)	Competitive electrochemical immunosensor	LOD: 0.5 pg/mL Linear range: 1 pg/mL–1 ng/mL	Yang et al., 2015
Nanoporous alumina membranes with magnetic nanoparticles	Impedance based assay	LOD: 1 µM Linear range: 1 µM–40 nM	Ye et al., 2017
Carbon black nanoparticles	Colorimetric based chip immunoassay	0-600 µg/mL	Mattsson et al., 2017
Cu@Pd core shell nanostructures	Chrono amperometry	0.32±0.1 nM	Gajjala and Palathedath, 2018
Commercial ELISA based Kit	Enzyme linked immunosorbent assay	LOD: 2 ppm Linear range: 2.5–40 ppm	Commercial KIT (Neogen Veratox)

900

901 **Table 1 Continued**

Gold nano-particles	Immunochromatographic test strip	LOD: 600 ng/mL (6 mg/kg)	Luo et al., 2015
Screen-printed carbon electrode and the enzyme diamine oxidase	Amperometric sensor	LOD: 0.94 mg/L	Torre et al., 2019
Superparamagnetic particle label	Magnetic immunochromatographic test	LOD: 1.2 mg/L	Moyano et al., 2019
Liposome-based immunomagnetic concentration and separation assay	Fluorescence quenching by Sulforhodamine B dye	LOD: 10–20 ppb Linear range: 15–50 ppb	Compared with current method
Immunoliposomal quenching assay	Fluorescence quenching by Sulforhodamine B dye	LOD: 2–3 ppb Linear range: 8.5 ppb–200 ppm	This work

902

903

904 **Table 2**

905 Recovery test results for histamine in fish based food samples (ppb, n = 10).

Fish Food matrices	Spiked concentration (ppb)	Recovered concentration	Average recovery (%)	% CV
Fresh mackerel fish	2	1.47 ± 1.13	73.50 %	4.98
	5	4.13 ± 1.33	82.6 %	3.44
	10	9.16 ± 1.21	91.6 %	3.09
	20	18.78 ± 0.80	93.9 %	3.33
	40	39.10 ± 0.54	97.75 %	2.15
	60	59.99 ± 1.81	99.98 %	2.28
Canned tuna	2	1.58 ± 0.10	79.08 %	6.86
	5	4.47 ± 0.07	89.45 %	1.67
	10	9.47 ± 0.37	94.76 %	4.02
	20	19.21 ± 0.28	96.08 %	1.48
	40	39.20 ± 1.50	98.00 %	3.83
	60	62.24 ± 2.86	103.74 %	4.31
Canned salmon	2	1.52 ± 0.01	76.56 %	4.40
	5	4.25 ± 0.07	85.07 %	1.80
	10	9.36 ± 0.08	93.66 %	1.67
	20	18.93 ± 0.72	94.67 %	3.94
	40	39.47 ± 1.05	98.69 %	2.72
	60	59.41 ± 1.20	99.02 %	2.05

906

907

908 **Figure captions**

909

910 **Fig. 1.** Preparation of the fluorescent liposomal nanovesicles as signal amplifiers. (A) DPPC,  
911 DPPG and cholesterol dissolved in a chloroform/methanol mixture was used to form a thin  
912 bilayer film by reverse phase evaporation; (B) Lipid bilayer hydration with aqueous  
913 Sulforhodamine B at 45 °C, (C) Sulforhodamine B-encapsulated in a gel with lipid bilayered  
914 vesicles; (D) Liposome nanovesicles were extruded through polycarbonate filters (0.4 and 0.8  
915  $\mu\text{M}$ ); (E) Fractionation using Sephadex G-50 gel for collecting Sulforhodamine B-  
916 encapsulated fluorescent liposomal nanovesicles; and (F) Conjugation of anti-histamine IgG  
917 into fluorescent liposomal nanovesicles with followed by fractionation using Sepharose CL-  
918 4B gel for collecting immuno-liposomal nanovesicles with significant fluorescent efficiency.

919

920 **Fig. 2.** Schematic representation for designed multiplexed-optic fluorescent liposomal  
921 nanovesicle-based dual layered immuno-biosensing for histamine toxin.

922

923 **Fig. 3.** Characterization of synthesized liposome nanovesicles. (A) Morphological  
924 examination of Sulforhodamine B-encapsulated fluorescent liposomal nanovesicles by  
925 transmission electron microscopy (TEM); (B) Comparison of using ionic and non-ionic  
926 detergents for rupturing the lipid membranes of Sulforhodamine B-encapsulated fluorescent  
927 liposomal nanovesicles in terms of released fluorescent Sulforhodamine B dye; (C) TEM  
928 images of Sulforhodamine B-encapsulated fluorescent liposomal nanovesicles before (left  
929 side image) and after rupturing (right side image) of lipid membrane; and (D) Confirmation  
930 of the integrity of 150 mM Sulforhodamine B-encapsulated fluorescent liposomal  
931 nanovesicles.

932

933 **Fig. 4.** Sensitivities of the developed double layered positioned anti-His-LNs-based  
934 biosensing formats for the detection of histamine. (A) Double layered positioned anti-His-  
935 LNs based single well one wash format; (B) Double layered positioned anti-His-LNs based  
936 one by one wash format; and (C) Single layered anti-His-LNs-based format. All experiments  
937 were conducted three times, and results are presented as means $\pm$ SDs. The coefficient of  
938 variation (% CV) of fluorescence intensity (n=6) was less than 10%.

939

940 **Fig. 5.** Specificity and background interference test of the developed double layered  
941 positioned anti-His-LNs-based biosensing for the detection of histamine (A) with coexisting  
942 biogenic amines at 10 ppb and 100 ppb concentrations; and (B) with corresponding free  
943 amino acids at 100 ppb and histamine at 10 ppb. All experiments were conducted three times,  
944 and results are presented as means $\pm$ SDs. The coefficient of variation (% CV) of fluorescence  
945 intensity (n=6) was less than 15%.

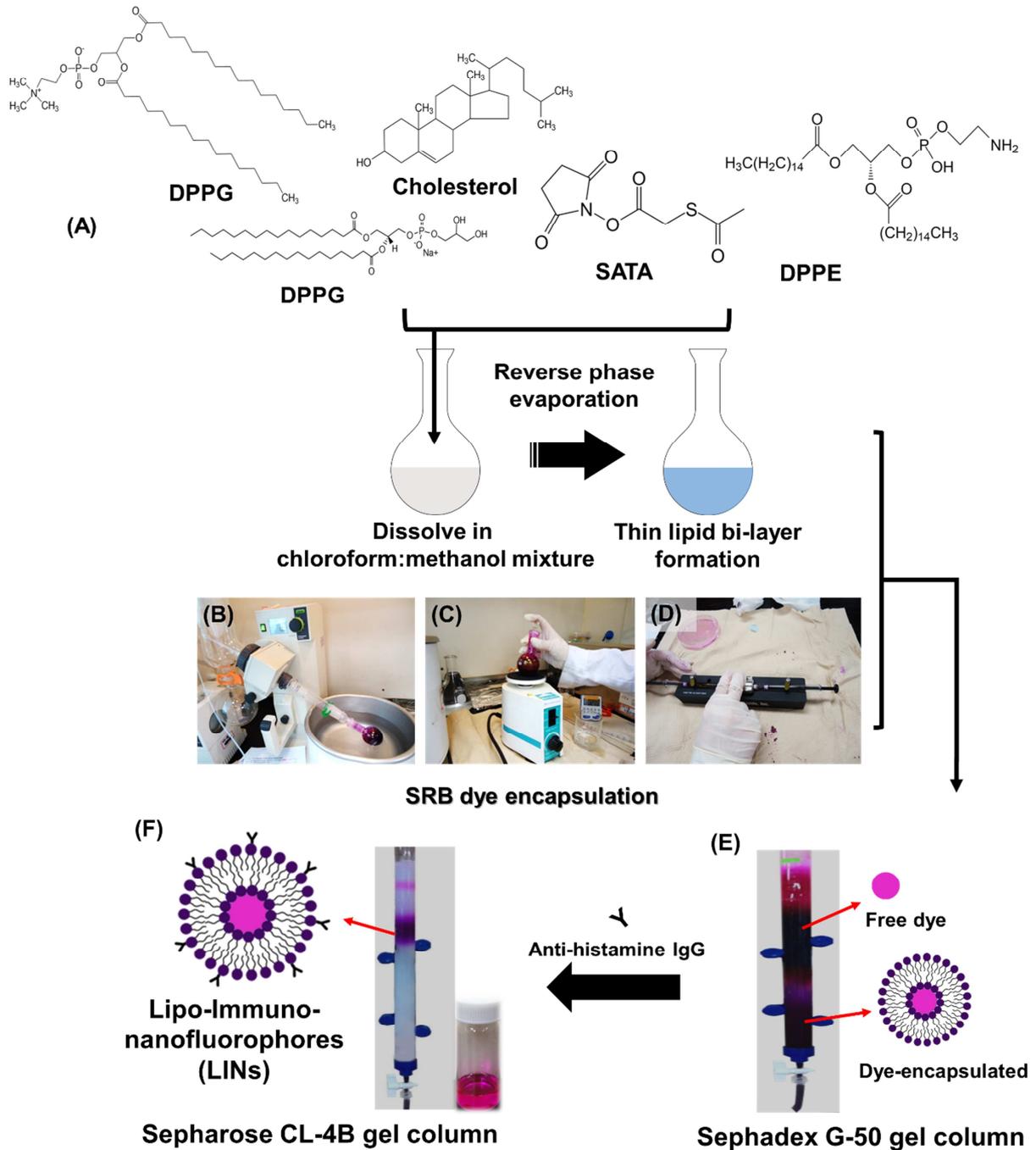
946

947 **Fig. 6.** Performance of the immunoliposomal amplified signals based sensing on spiked food  
948 matrices (fresh fish, canned fish, ground meat and ready to eat salad) for the detection of  
949 histamine. All experiments were conducted three times, and results are presented as  
950 means $\pm$ SDs. The coefficient of variation (% CV) of fluorescence intensity (n=6) was less  
951 than 10%.

952

953 **Fig. 7.** Comparison of double layered positioned anti-His-LNs-based biosensing assay with  
954 other liposome-based immunomagnetic concentration and separation assay (IMS method) for  
955 the detection of histamine.

956



957

958 **Fig. 1.**

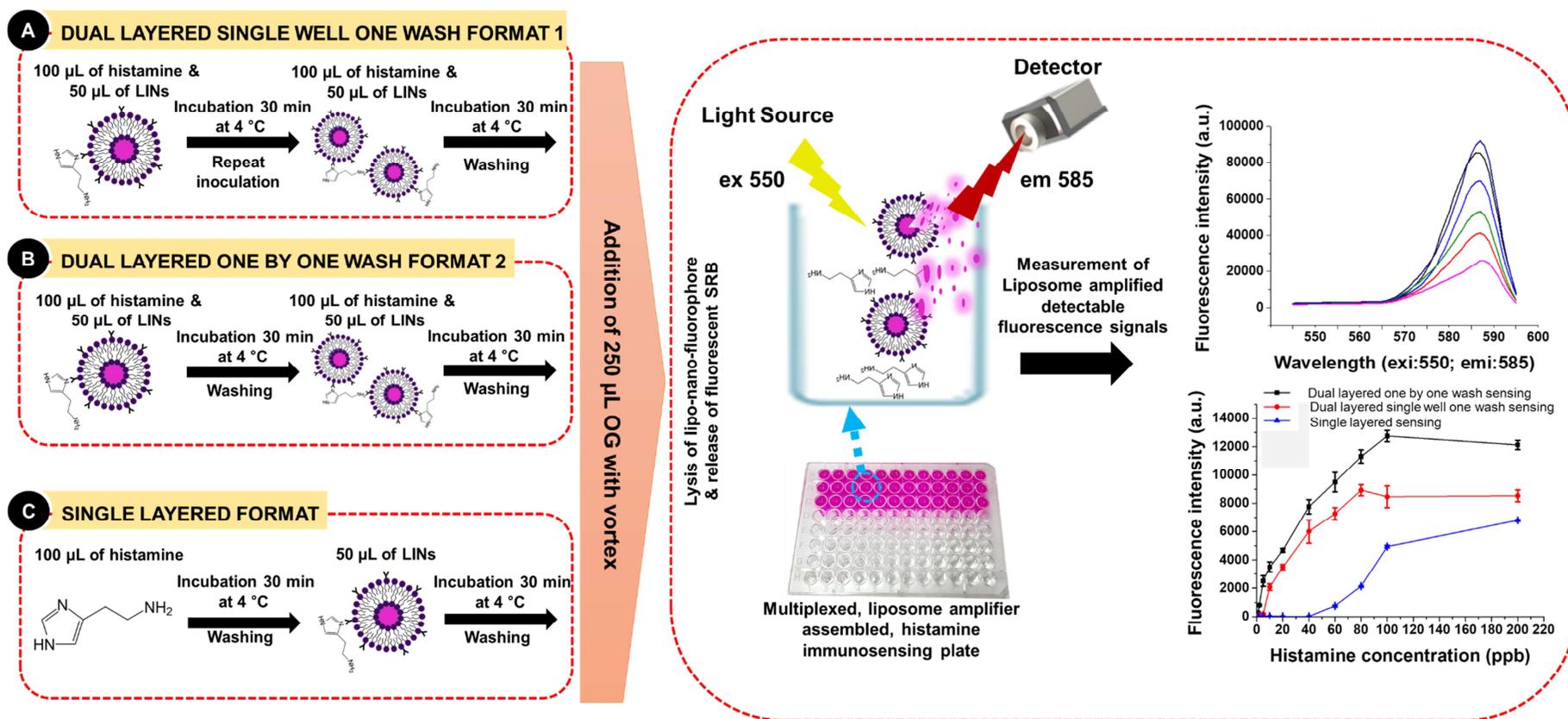


Fig. 2.

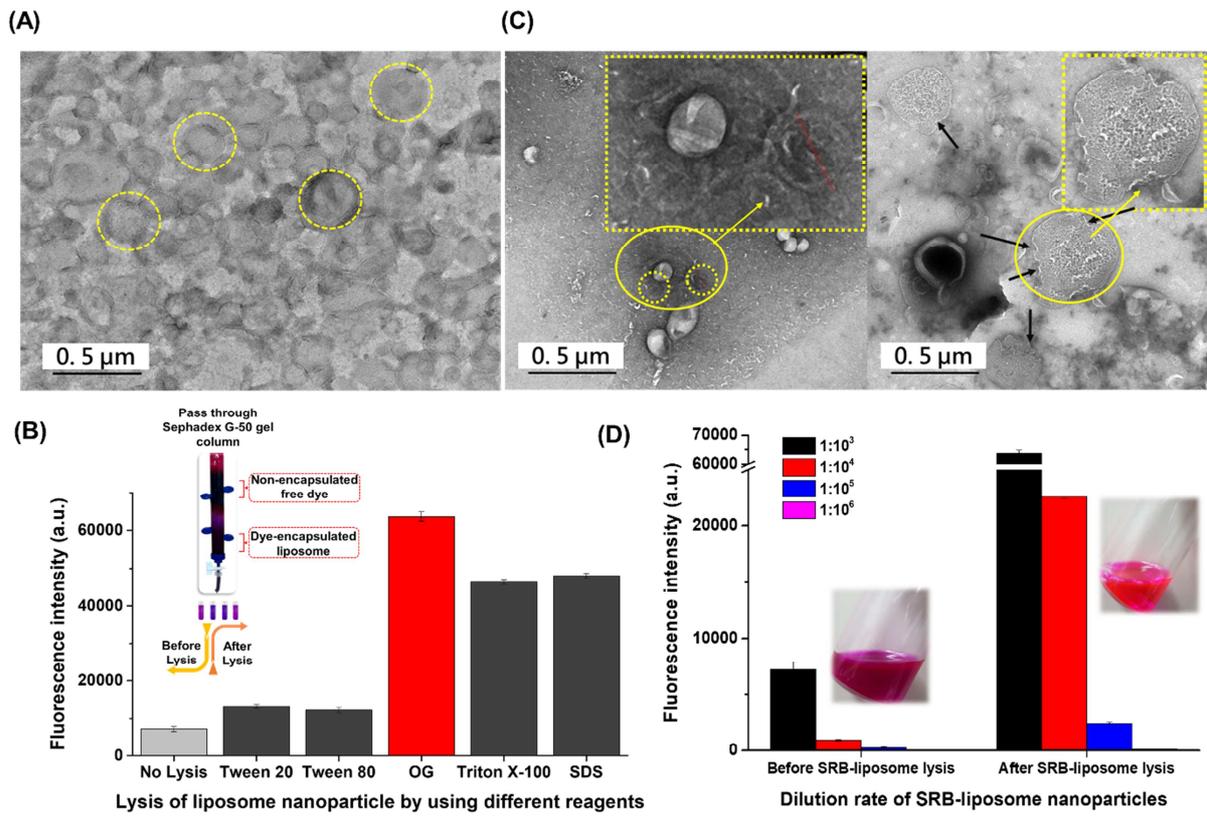


Fig. 3.

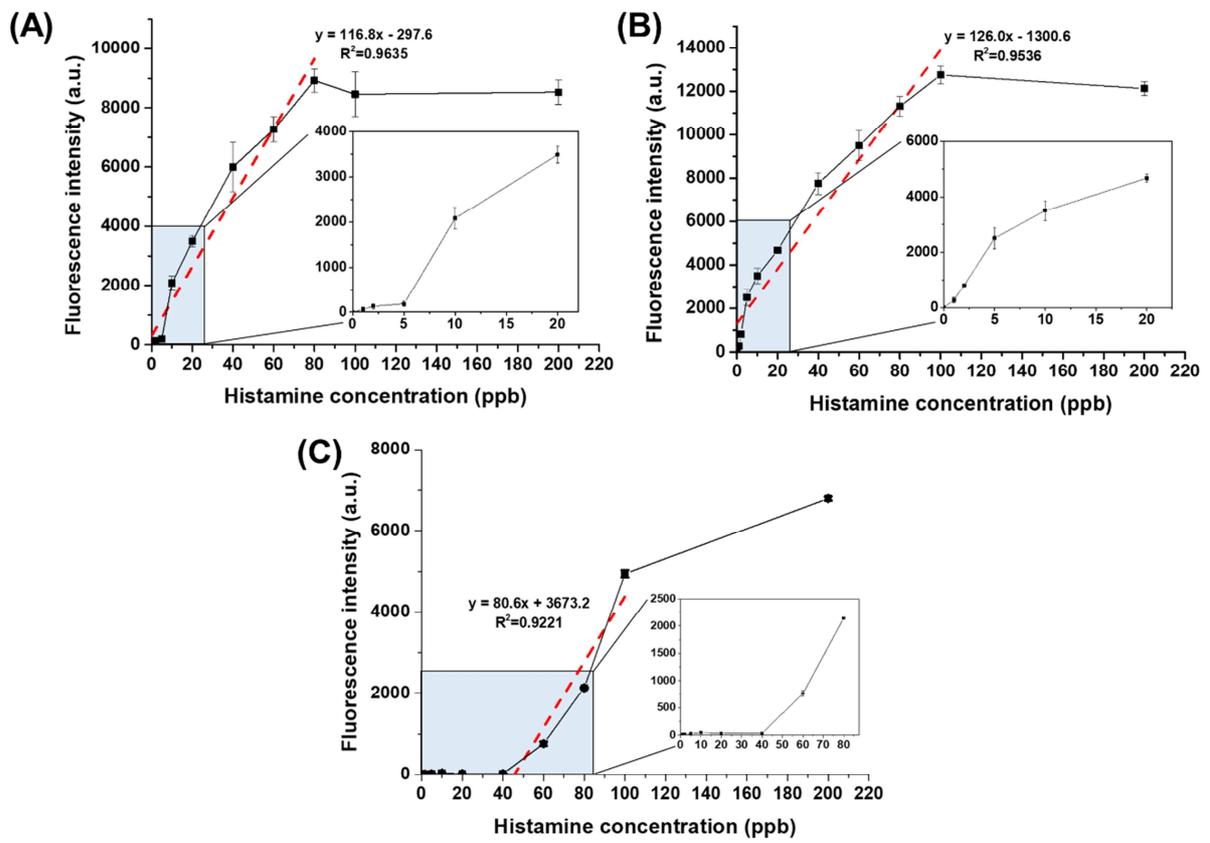


Fig. 4.

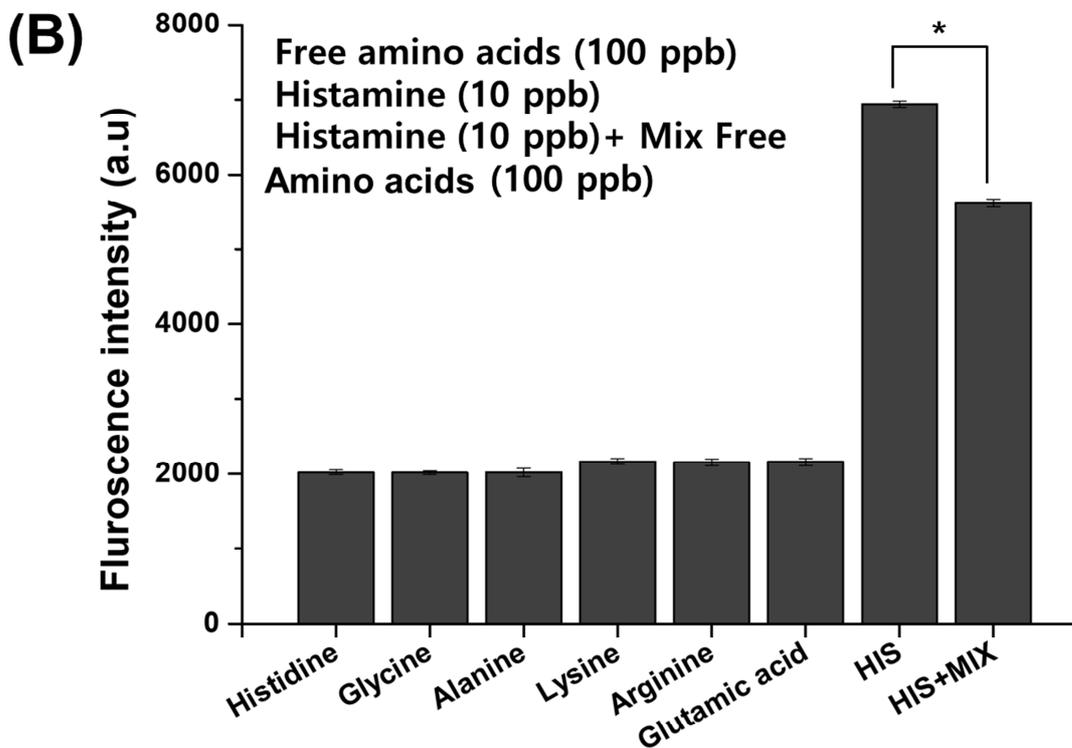
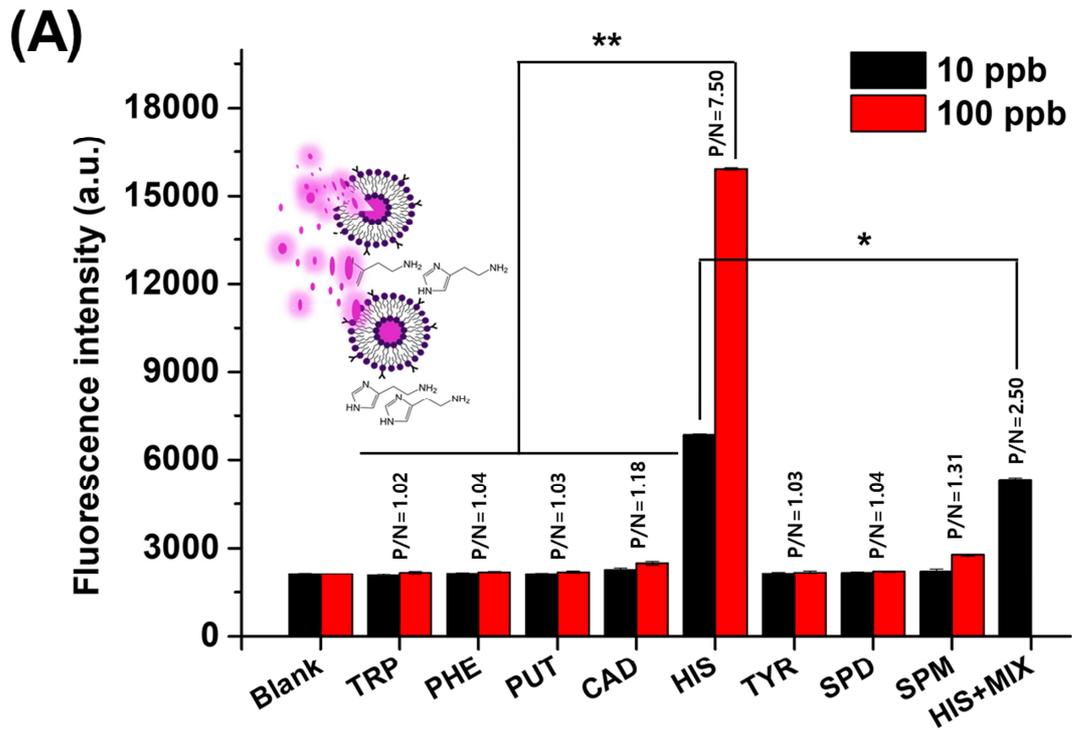


Fig. 5.

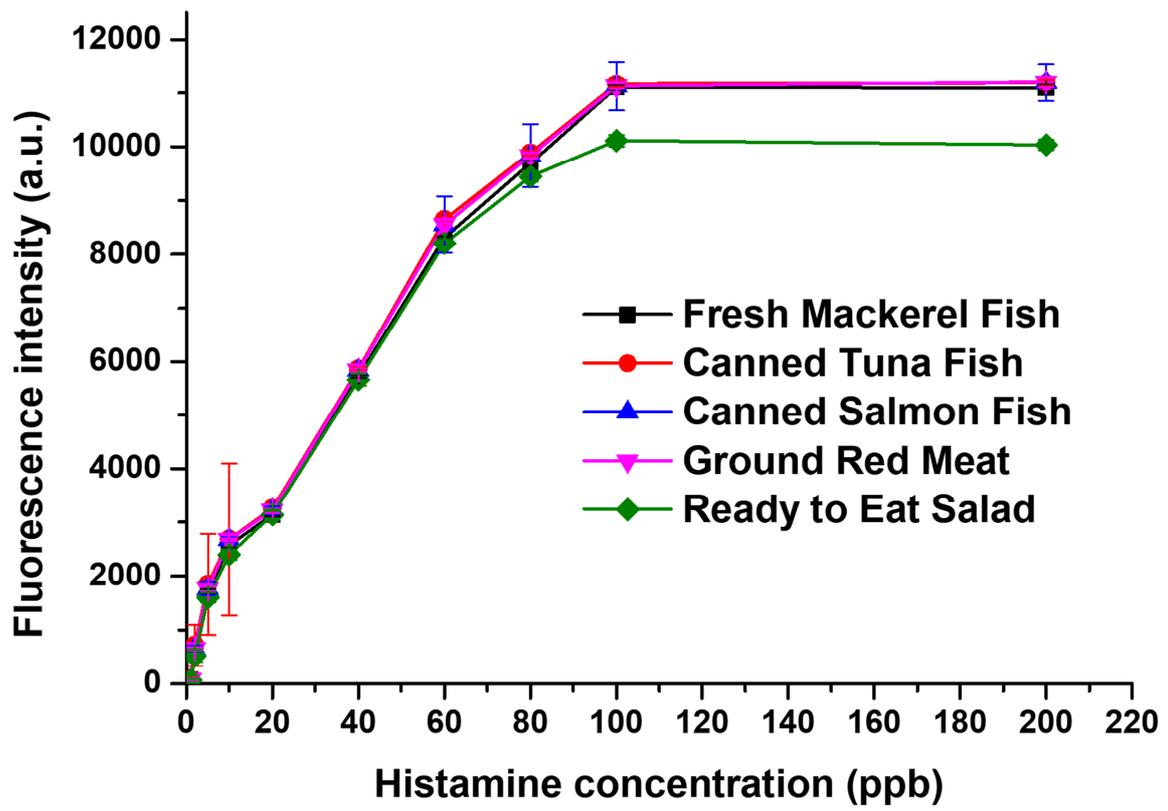


Fig. 6.

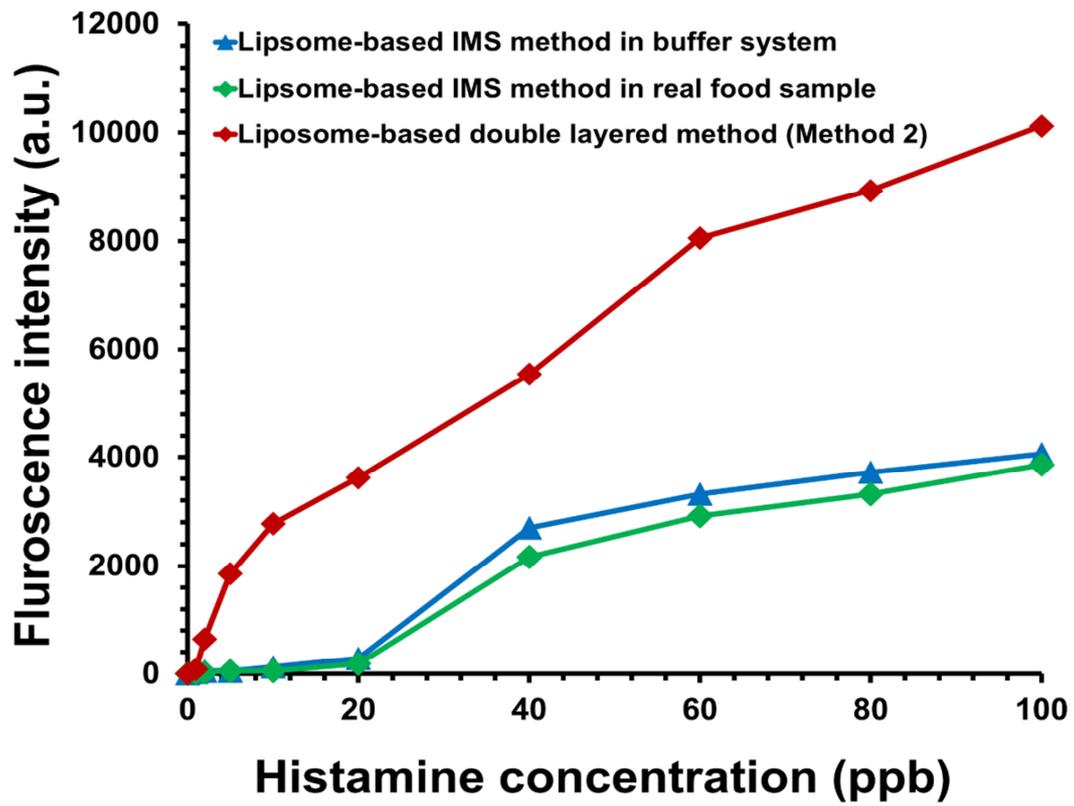


Fig. 7.

## Highlights

- Scombroid fish poisoning has raised concerns due to histamine related environmental toxicity
- Double layered positioned liposomal vesicles as fluorescent probe
- Anti-histamine IgG conjugated liposomal nanovesicles (anti-His-LNs)-based multiplexed biosensing system
- Anti-His-LNs-assisted rapid, sensitive and cost-effective detection of histamine toxic molecule in fish foods
- Designed sensing platform diverse the application of various ELISA-based complicated commercial detection kits

### **Author contributions**

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

Journal Pre-proof

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Not Applicable



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